## Cox® Technic Resource Center, Inc.

### mailing address

429 East Dupont Road, PMB 98, Fort Wayne, IN 46825

phone 260-637-6609
toll-free: 800-441-L5S1 (5571)
fax: 260-637-7324

email: info@coxtechnicresourcecenter.com

website: www.CoxTechnicResourceCenter.com or www.CoxTRC.com

# Formula ONE

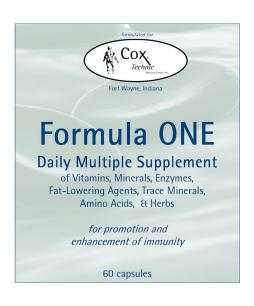
## **Daily Multiple Supplement**

## for immunity enhancement

Formula ONE combines five formulae into one for ease of taking so many formulae. It delivers vitamins (including F, G, H, P), fat lowering agents, digestive enzymes to insure absorption, minerals, trace minerals, amino acids for protein metabolism, and special herbs (for immune system support, circulation, energy, digestion, nervous system, arthritis, allergy) and antioxidants.

4000 111

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Vitamin A	4000 IU
Vitamin C	200 mg
Vitamin D	200 IU
Vitamin E	100 IU
Thiamin	20 mg
Riboflavin	20 mg
Niacin	10 mg
Vitamin B6	25 mg
Folic Acid	200 mcg
Vitamin B12	20 mcg
Biotin	50 mcg
Pantothenic Acid	10 mg
Calcium Citrate	100 mg
Iron	5 mg
lodine	75 mcg
Magnesium	
Zinc	5 mg
Selenium	30 mcg
Copper	1 mg
Manganese	1 mg
Chromium	20 mcg
Molybdenum	150 mcg
Potassium	35 mg

100 mg	
50 mg	
30 mg	
20 mg	
100 mg	
50 mg	
1000 units	
200 units	
200 units	
1000 units	
5 mg	
150 mcg	
10 mcg	
30 mg	
20 mg	
30 mg	
20 mg	
100 mg	
(isoleucine, leucine, methionine,	
threonine, valine, histidine, arginine,	
aspartic acid, serine, proline, glutamine	
acid, glycine, alanine, tyrosine, cys-	
teine, citrulline, glutamine, lysine,	

dosage... 2 capsules/day size... 60 capsules/bottle

1-800-441-5571

Disclaimer: No claims are being made, either expressed or implied, that these products will cure disease, replace prescribed medications, or replace sound advice from a physician.



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Once-a-day intake of 2 capsules

website: www.CoxTechnicResourceCenter.com or www.CoxTRC.com

Less expensive than taking 3 or more formulae

## Formula ONE

## **VITAMINS**

**A** – eyesight; stimulate immune system response

B complex – conversion of protein, carbohydrate and fat into energy production; detoxification; heart function; nervous system health

C – antioxidant; protects cells from damage by free radicals; immune system support; collagen formation and maintenance; healthy gums, skin, vision

**D** – regulates the absorption and use of calcium and phosphorous; formation of bones and teeth; immune system function

**E** – antioxidant; protector of health and function of the nervous system and skin

**F** - (borage oil) - treat atherosclerosis; painful menstruation; high blood pressure

**G** – (riboflavin B2) – carbohydrates-fatprotein metabolism necessary for antibody and red blood cell formation; good for eyes, hair, skin, nails

**H** – (PABA) – growth promoting factor; works in the breakdown and utilization of protein; formation of red blood cells; color restoration; healthy skin, hair; antigraying

P - (citrus bioflavinoids) strengthen integrity of blood vessel walls (capillaries)

## LIPOTROPHIC FACTORS

**Choline** – production & transportation of fats from liver; normal nerve & brain function

**Methionine** – essential amino acid; protect against hypercholesterolemia, certain tumors, schizophrenia and Parkinson's disease

**Inositol** – fat metabolism & nerve transmission; cell membrane component; enzyme regulation

**Polyunsaturated fatty acids –** increase HDL (good cholesterol)

**Betaine** – homocysteine metabolism; methyl production

### **DIGESTIVE ENZYMES**

Protease – Lipase – Amylase – Cellulase help in digestion of carbohydrates, fats, and proteins

### MINERALS & TRACE MINERALS

**Calcium** – development of healthy, strong bones, teeth; blood clotting; nerve transmission; heart rhythm

**Iron** – carries oxygen to the body; protein metabolism; resistance of stress and disease; healthy skin, teeth, nails hones

**lodine** – healthy hair, teeth, nails, skin; regulates energy production and metabolism rate; enhances thyroid function; prevention of goiter

**Magnesium** – utilization of carbohydrates-fat-protein, phosphorous, calcium, (potassium); maintenance of bones, arteries, heart, nerves, teeth

**Zinc** – digestion and metabolism of phosphorous and protein; in insulin; helps in burn and wound healing; prostate; carbohydrate digestion

**Selenium** – preservation of tissue elasticity; utilization of protein; antioxidant; works with vitamin E

**Copper** – forms elastin with vitamin C; forms red blood cells; determinant of hair and skin color; bone formation

Manganese – enzyme activation; maintains sex hormone production; carbohydrate and fat production; respiration of tissue; uses vitamin E for skeletal development

**Chromium** – increases effectiveness of insulin; uptake of blood sugar into the cells and regulates blood sugar levels; stimulation of enzymes in metabolism of energy; healthy blood circulatory system; synthesis of fatty acids, cholesterol and protein

**Molybdenum** – mental function; metabolism of amino acids; necessary for normal growth

**Potassium** – muscle contraction and relaxation, nerve conduction; regulation of the heart beat; produces energy and the synthesis of nucleic acids and proteins

**Boron** – mineral metabolism; enhances calcium absorption and bone density

**Vanadium** – may support healthy blood glucose metabolism

## AMINO ACIDS

**Isoleucine** – formation of hemoglobin

Leucine - metabolized in muscle tissue

**Lysine** – virus growth inhibition; stress tolerance and fat metabolism improvement due to its production of carnitine; anti-fatigue; bone growth by helping form collagen

All-in-one, simplified formula of the most commonly recommended supplements for good health \*

**Methionine** – prevent excessive fat build-up in the liver and premature hair-loss; aid harmful virus detoxification

**Threonine** – prevent fatty build-up in the liver; energy storage source of glucose; in collagen & elastin protein

Valine - energy storage source of glucose

**Histidine** – ulcers of the digestive organs treatment; red and white blood cell production

**Arginine** – growth hormone release stimulation; muscle metabolism; nitrogen transportation, storage and excretion vehicle; tissue healing; immune system stimulation

**Aspartic acid** – fatigue resistance increase; (salts) increase stamina & endurance; liver protection; normal cell function

Serine - immune system build-up; immunoglobin & antibody production

Glutamic acid - brain metabolism; ammonia detox

Proline - joint, tendon, heart muscle function; energy storage

**Glycine** – source of creatine (the most abundant amino acid in the skeleton); glycogen breakdown; non-essential amino acid synthesis by the nitrogen it holds; glucogen production

**Alanine** – fuel for brain, nervous system, muscle; energy storage; nitrogen quality for post injury; immune system; immunoglobin & antibody production

**Tyrosine** – adrenal, pituitary, thyroid gland function; growth hormone release; red & white blood cell production

Citrulline – fatigue recovery; detoxifies ammonia

**Cysteine** – white blood cell activity stimulation to build up the immune system to fight off disease

**Glutamine** – mental ability; muscle cell build-up and endurance; brain fuel; alcohol poisoning protection

**Ornithine** – stimulate growth hormone release; increase muscle mass; decrease fat; immune system & healing support

**Taurine** – in heart, skeletal muscle, central nervous system tissues; control of seizures (due to certain forms of epilepsy); may mimic insulin in the blood stream

### HERBS

**Grape seed extract** – antioxidant; supports immune system; free radical scavenger

**Gingko biloba** – memory and brain function; circulation; heart disorders, cholesterol problems; impotence; ringing in the ears; eye degeneration; dizziness (vertigo); asthma; Alzheimer's; senile dementia; allergies

**Red Ginseng extract** – energy and libido enhancer

**Green tea extract** – facilitate functioning of digestive, cardiovascular, and nervous systems; decrease blood pressure; maintain immunity; antiviral and antioxidant

**Garlic** – lower cholesterol & blood pressure; circulation; immune system; arthritis; arteriosclerosis; blood sugar; allergies; bronchitis; asthma; yeast infections



Disclaimer: No claims are being made, either expressed or implied, that these products will cure disease, replace prescribed medications, or replace sound advice from a physician. As with all multiple supplements, if you have a special condition, you may need to supplement this formula with extra of a particular nutrient. This supplement does not represent a disease cure. Rather, it is part of a healthy nutritional program.